

Mind Pembrokeshire Job Description

Our Mission

We work for a better life for everyone with direct or indirect experience of mental health problems. We promote a positive attitude to mental, emotional and physical wellbeing.

Our Vision

'We won't give up until everyone experiencing a mental health problem has both support and respect.'

Job Title: Community Support Worker

Salary: £16,797 per annum pro rata

Travel expenses: 40p per mile

Hours: 15 hours per week, will include some evening and weekend working

Responsible to: Housing Manager

Based: Pembrokeshire

Our Housing Project supports people to live as independently as possible; this could be in our supported accommodation or in their own home with the encouragement of one of our Support Workers.

Duties:

- To encourage and support clients in day to day tasks such as healthy menu planning, shopping, cooking, and cleaning.
- To assist clients to maintain the safety of their home and inform the landlord of the need for repairs, redecoration and renewals.
- To assist clients with benefit claims and forms, budgeting and debt management.
- To advise clients on issues that may threaten the stability of their tenancy.
- To support clients to access relevant and appropriate avenues of support in times of crisis.
- To liaise with outside agencies and relatives.
- To work with clients holistically to recommend opportunities to improve their own health and wellbeing.
- To encourage clients to engage with their local community and to benefit from these connections by reducing social isolation and improving wellbeing.
- To promote all of Mind Pembrokeshire's projects and services for the benefit of the client.
- Any other task deemed relevant by the Manager/CEO that contributes to the successful running of the Housing Project.

Mind Pembrokeshire Person Specification – Community Support Worker

Shown below are the requirements we believe are essential and desirable to carry out this job.

Applicants should use the application form, job description and person specification to show how they meet these requirements as selection for interview will use these criteria.

Attributes

- Person centred
- Encouraging
- Motivational
- Empowering
- Non-judgemental
- Flexible

Essential

- The ability to work confidently and effectively alongside individuals in crisis.
- The ability to communicate effectively.
- Ability to manage a range of social interactions with a sensitive approach.
- To work on your own initiative
- Ability to partake in activities with clients and co-workers.
- Knowledge and interest in mental health and wellbeing.
- Reasonable computer, literacy and numeracy skills.
- Able to work flexible hours; may include some weekend working.
- Willing to make a positive contribution towards team meetings, individual support and development and on an annual basis; Appraisal.
- Commitment to equal opportunities.
- Own transport and clean driving licence.

Desirable

- Qualifications relating to Health and Social Care.
- Social Care work experience in the Voluntary Sector.
- Experience in the hospitality industry.
- Knowledge of Health and Safety requirements.
- Ability to speak Welsh.